

“You are here to bring Joy”



Not just into your own life but the lives of others.

Many thanks to Wade Jackson, Tony Falkenstein and Barbara Plester ... and Mike Hutcheson ...for being there at the beginning of the Humour in business Awards
In 2009 they will become the International Humour in Business Awards!!

Here are my top 10 hints to take you energised into 2009



1. Declare yourself to be a genius – if unclear find your signature strengths on www.authenticchappiness.org and do the VIA Signature Strengths Questionnaire
2. Then look for and acknowledge the genius in others – look only for the good and honour that space – catch people doing something right
3. Send at least one piece of Glad Mail every day – it can be a card, an email a phone call – the idea being to make their day!
4. Pay it forward – give away what you can in pure goodwill – I have already done that with one speaking contract in 2009 gifting the fees to another
5. Practice being the kind of person you are seeking to attract in your life – see attached document
6. Use every opportunity to be in service to another – live your life on purpose and stay in a state of gratitude irrespective of current circumstances
7. Know that alone we can do nothing – Any desires you have will be frustrated unless you connect with and support other people
8. Be present and instill calm in others – this will be so beneficial for all in 2009 – judge nothing and you will find kindred spirits who are empowered by you
9. Remember what you think and do impacts all others – every improvement you make for yourself impacts humanity – any increment we add comes back

10. Make your intention your reality – don't stop the flow of abundance by hoarding or holding on – express gratitude and be filled with awe and appreciation

**I am speaking at the International Humour Conference in Long Beach
California in July 2009.**

**That tour is being combined with a stay with Patch Adams to begin co-
authoring a book !**

**My major intention is to create the path forward for that to occur with
ease**



**Create and share one intention and watch the universe provide !
I am yours in humour, joy and creativity**



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"Don't ask what the world needs. Ask yourself what makes you come alive and go do that. The world needs people who have come alive" John Eldridge